Sunday, Sep. 12, 2021
Changing Your Mind
Pt 3 – Discovering Your Ungodly Beliefs
With David Hibbert

A. Review.

A. Six Obstacles To Transformation.
1. Pre-Conceived Ideas – because they cause us to pre-judge situations.
2. Biases / Prejudices – because they cause us to pre-judge people.
3. Anger / Hostility – because it causes us to react to people rather than hear them.
4. Self-Focus – because it closes our minds to other people’s perceptions and insights.
5. Impatience – because it causes us to reject the process of transformation, which always takes time.
6. Fear – because it distorts our perception of reality.

2. Understanding “Ungodly” Thoughts And Beliefs.
a) What They Are - Anything we think or believe, that are not in agreement with God’s Word, God’s nature, or God’s character.
b) Where They Come From - Personal experiences and influential people in our lives.

c) Why We Must Deal With Them - They determine our expectations and experiences, they erode our faith, distort our view of God and others, they damage our relationships, they determine our actions, perceptions and identity, and they can even put us in agreement with the devil.
3. Damaging Thought Cycles.

The Shame-Fear-Control Cycle
And
The Shame-Blame-Maim Cycle.


Romans 12:2, NIV – (2) Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is — his good, pleasing and perfect will.

B. How Beliefs, Thoughts, Feelings And Actions Are Connected.

1. Experience - Belief - Thought - Feeling - Action.

2. Why We React.

3. An Example.
C. Discovering Our Ungodly Beliefs.

1. Trace Every Action To A Feeling.

Matthew 14:26, NIV – (26) When the disciples saw him walking on the lake, they were terrified [feeling]. "It's a ghost," they said, and cried out [reaction] in fear.

2. Trace Every Feeling To A Thought.

Psalm 139:23, NIV – (23) Search me, O God, and know my heart; test me and know my anxious [feeling] thoughts [thinking].

2 Corinthians 10:5, NIV – “We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”
3. Trace Every Thought To A Belief.

2 Corinthians 4:13, NIV – (13) It is written: “I believed; therefore I have spoken [what I think].” With that same spirit of faith we also believe and therefore speak [what we think].

4. Reject The Wrong Belief, And Affirm God’s Truth.

2 Corinthians 10:5, NIV – (5) We demolish arguments [thoughts] and every pretension [beliefs based on wrong conclusions] that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

5. Summary.

Ephesians 4:22-24, NIV – (22) ... put off your old self, which is being corrupted by its deceitful desires; (23) to be made new in the attitude of your minds [believing and thinking]; (24) and ... put on the new self, created to be like God in true righteousness and holiness.
6. A Final Pictorial Example.

Wrong Believing: There’s something wrong with me.
Wrong Thinking: No one likes me. I’ll never be accepted by any peers.
Wrong Feeling: Discouraged, hopeless, rejected, sad.
Wrong Action: Isolate, withdraw, hide, stay home.

God’s Truth: I am wonderfully designed by God and fully accepted by Him.
Right Thinking: I am valuable and worth getting to know, and have much to contribute.
Right Feeling: Joy, sense of acceptance, sense of worth, peace.
Right Action: Relational, interact, reach out, make friends, Messi.

7. Summary.

Romans 12:2, NIV – (2) Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is — his good, pleasing and perfect will.

Our Response Right Now:
Invite God to help us discover every belief and thought that are not in agreement with His truth.

Our Response This Week:
Begin to analyze our actions and feelings, in order to identify which thoughts and beliefs are not in agreement with God truth, and so must be demolished.

Becoming A Child Of God

A – Admit that Jesus is indeed the only way to salvation, and that your life is completely lost without Him.
B – Believe that Jesus died on the cross for your sins, and rose from the dead for your freedom.
C – Confess Jesus as your personal Lord and Saviour, the new leader of your life.
D – Decide to follow Jesus daily, and invite Him to teach you how to live and how to love.
How Can I Pray To Become A Christian?

Jesus, I realize now that I am lost without You, and You are the only way that I can experience freedom.

Thank You for dying on the cross to save me from the penalty of sin, and rising from the dead so that I can be completely free.

I choose to confess and put my trust in You as my Lord and Savior. I give my whole heart and my whole life to You.

I ask for Your help so that I can do my best, to follow You each and every day.

In Jesus’ name I pray. Amen!