I. The Obstacle Of Fear

A. Why Must We Deal With Fear?

B. Why Do We Struggle With Fear?

C. God’s Word Concerning Fear

1. God’s Word to Jeremiah.

Jeremiah 1:7-8 - "Do not say I am but a youth, for you shall go to all whom I send you, and whatever I command you, you shall speak. Do not be afraid of their faces, for I am with you to deliver you, says the Lord."

2. God’s Word To Abraham (In A Vision).

Genesis 15:1 - “After this, the word of the LORD came to Abram in a vision: “Do not be afraid, Abram. I am your shield, your very great reward.”
B. God’s Word Concerning Fear

3. God’s Word To Moses (On Behalf Of The Israelites).

Deuteronomy 31:8 - “The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.”

B. God’s Word Concerning Fear

4. God’s Word To Mary (About Her Miraculous Conception).

Luke 1:20 - “But the angel said to her, “Do not be afraid, Mary, you have found favor with God.”

II. Why Does God Challenge Us Not To Be Afraid?

“Do not be afraid” = 365 times in the Bible.

Fear is anti-faith – fearfulness leads to faithlessness.

Romans 14:23, NIV - “. . . for whatever is not of faith, it is sin.”

III. Understanding Fear.

Revelation 21:7-8, NKJV - (7) He who overcomes shall inherit all things, and I will be his God and he shall be My son. (8) But the cowardly [the fearful, timid], unbelieving, abominable, murderers, sexually immoral, sorcerers, idolaters, and all liars shall have their part in the lake which burns with fire and brimstone, which is the second death.”
A. Definition Of Fear

“phobos” – “alarm, or fright, or fear”.

B. Fear Controls Us.

Proverbs 29:25, NIV – (29) Fear of man will prove to be a snare, but whoever trusts in the LORD is kept safe.

C. The Shame / Fear / Control Cycle.

Genesis 3:9-10, NIV – (9) But the LORD God called to the man, "Where are you?" (10) He [Adam] answered, "I heard you in the garden, and I was afraid [fear] because I was naked [shame]; so I hid [control]."

IV. The Antidote To Fear

2 Timothy 1:7, NKJV – (7) For God has not given us a spirit of fear, ...

2 Timothy 1:7, NKJV – (7) ... but of power and of love and of a sound mind.

A. Power.

1. What Is “Power”?

Romans 15:19 - (19) “In mighty signs and wonders, by the power of the Spirit of God, so that from Jerusalem and round about to Illyricum I have fully preached the gospel of Christ.”

2. Power Causes Us To Act.

3. Power Is Our Birthright

Ephesians 1:18-23 - “(18) I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, (19) and his incomparably great power for us who believe. ...
B. Love.

1. What Is “Love”?

“An unselfish commitment to the welfare of another, based on God’s sense of value and worth for each person.”

B. Love.

2. God’s Perfect Love Casts Out Fear.

1 John 4:18 – (18) “There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.”

B. Love.


Hebrews 12:2, NIV – “Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.”

B. Love.

4. Perfect Love Focuses On Others.

C. Sound Mind.

1. What Is A “Sound Mind”?

C. Sound Mind.

2. Winning The Battle For Our Mind.

Romans 12:2 – “Do not be conformed by the world but be transformed by the renewing of the mind.”

Isaiah 26:3, NIV – (3) You will keep in perfect peace him whose mind is steadfast, because he trusts in you.